

Social, emotional and mental health provision

Children and young people who find it difficult to manage their emotions and behaviour in a way that affects their daily life.

Quality	Targeted	Specialist
<ul style="list-style-type: none"> • Thematic curriculum centred around The Abbey values and Mental Health • Emotion coaching • Seating arrangements in class • A clear and consistent whole school reward and support system (Going for Gold chart, Positive praise, feedback in pupil's planners) • Visual Timetable and clear daily routines and boundaries • Teaching of resilience and anxiety strategies through Peacemakers and Circle time • Use of the 'Learning Pit' strategies to encourage independence • Resources centrally based and labelled in classrooms • A positive whole school ethos using positive language (Do 	<ul style="list-style-type: none"> • Resilience forest group • Rainbows bereavement program • 1:1 mentoring with school mentor • Personalised behaviour chart • Personalised reward chart • Learning breaks • Sharing of social stories • Individualised visual timetable • Purpose built sensory space • Zones of relevance intervention • Think Good, Feel Good intervention. 	<ul style="list-style-type: none"> • Consultation and possible referral to external agencies (this may include: Educational Psychologist, STICK, Forward Thinking Birmingham, PAUSE) • BCAT Art therapies

instead of don't) and all staff role modelling clear behaviour expectations		
---	--	--