



INSTRUCTIONS FOR THE TREATMENT OF HEADLICE

Dear Parents

A case of head lice has been reported in your child's year band. All families in this year band have been sent a text message today. Further details below:

It is of the utmost urgency that you examine your child's hair to see if lice or eggs (nits) are present. We obviously want to get rid of the problem as quickly as possible, but we can only do this if all parents co-operate and do as we ask.

1. Brush your child's hair rigorously twice daily (morning & night).
2. Check the hair of your child regularly with a narrow-toothed comb – especially if he/she complains of itchiness.
3. If you find lice or eggs please check the hair of **all** the family – adults included.

TREATMENT – It is now recommend that you do not use shampoo/lotion.

Wet your child's hair and apply conditioner.

Comb through the hair thoroughly with a head lice comb (which can be purchased from chemists). A metal comb is better than a plastic one.

This will get rid of any live lice in your child's hair.

Repeat this procedure every other day for a period of 14 days so that any lice hatching from eggs are removed.

Continue to check hair regularly – every time the hair is washed check that it is clear. If you ever find any trace of lice/eggs start the treatment immediately.

The school nurses insist that they cannot help in this matter and the responsibility rests with parents. All parents must accept their responsibilities to ensure that their own children's hair is not infected and to treat it effectively if/when it is.

IMPORTANT – WITHOUT YOUR HELP THE PROBLEM WILL REMAIN AND INDEED WILL SPREAD RAPIDLY THROUGHOUT THE CLASS THE SCHOOL.

Amj/office/medical